

Christmas Cup 2021 - Final Details - 23/12/21

The organisation will be low key. We're focussing on providing good courses in good areas!

Important Details

SI card - please check your using the card you entered with. If not please email us.

Start Times - Are not strict but you have priority on your allocated start time.

Overview Map - [Link](#) - areas, parking, toilets

Health and Safety - Please make sure you bring a jacket/hat/gloves/whistle in case we have to make it compulsory due to bad weather. If you have any medical issues you want us to know about please email or give us an envelope on the day.

Covid: Please limit the amount of time you stay at the events. Try and socialise away from the events.

Results: Will appear on the [SI Center](#) website. Live if mobile data is available.

Day 2 - Trossachs Parking/Toilets - Please read before coming, we don't have toilets at the parking.

Day 4 - South Gyle: All courses cross minor roads. U16s can take take part in all courses except the Long Chase. All U12s must be accompanied by an adult. For further info please contact masterplanadventure@gmail.com

Any updates to these details will appear directly on christmascup.co.uk

Organiser/Coordinator: Chris Smithard - masterplanadventure@gmail.com

Start Times Forest Races: First starts 10:30 - 2 minutes between those on the same course. See website.

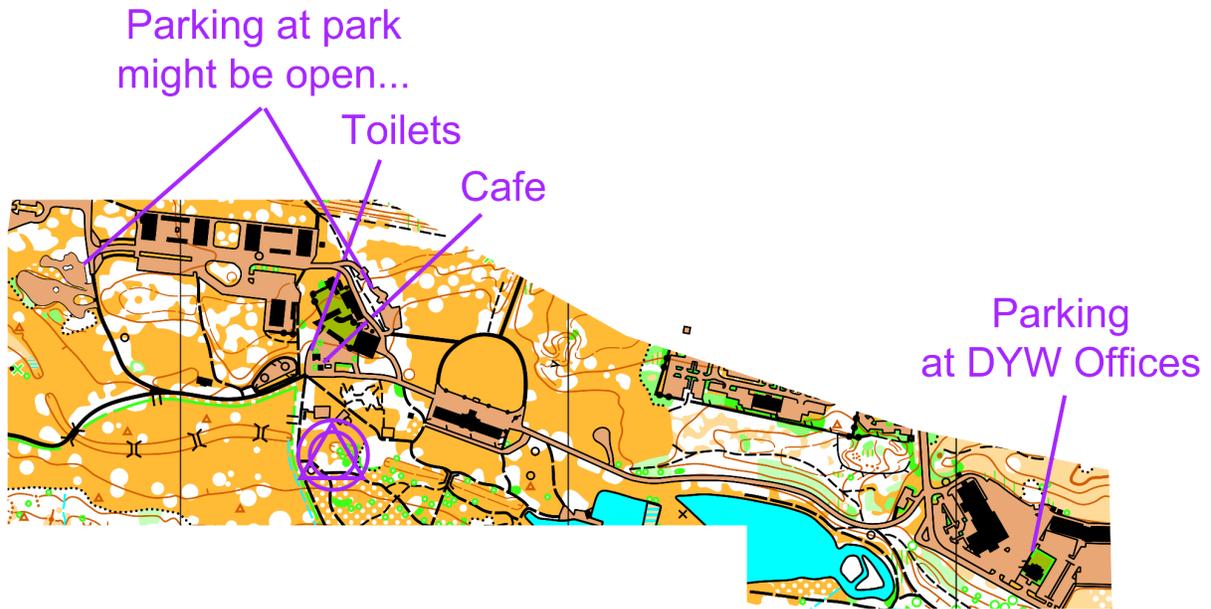
Covid Rules

- Don't arrive more than 10 minutes before your start time at the start.
- 2 metre rule between households. More important than an extra second at the controls
- Please avoid touching the controls
- Please minimise socialising at the event. Arrange to meet up before/after the event at a different location.

Training: If you signed up you should have received an email on Friday 17th December.

Photography: By taking part in Christmas Cup as a participant or spectator, you acknowledge your consent to interview(s), photography, audio recording, video recording and its/their release, publication, exhibition, or reproduction to be used for news, webcasts, promotional purposes, telecasts, advertising, inclusion on websites, or any other purpose by Christmas Cu organisers and their affiliates and representatives. No drones are allowed in the competition area without written permission from the organisers.

Day 1 - Tuesday 28th December - Callendar Park



Parking: DYW Building at the end of Callendar Boulevard. Or Callendar Park car parks may be open... See map. **There will be no parking marshals and the route to the event centre will not be signed!**

Event Centre: At start/finish. SW of house, see map.

Toilets: Public toilets in the park.

Terrain: Mostly forest. Good track network. Generally good runnability.

Map: 1:7500, 5m contours. ISSOM2017 - Sprint Specification. Mapper: Chris Smithard 2018. Minor updated 2021.

Special symbols

Man-made Feature	o
Seat	x
Distinctive fallen tree	—
Tree or bush	o
Distinctive tree	o
Distinctive rootstock	x
Yew Tree / Group of Yew Trees	o

Courses

Long Technical - 6.1km

Medium Technical - 4.9km

Short Technical - 3.8km

Orange - 2.2km

Safety

Other users: walkers, dogs, bikes etc

Planners: Ali Thomas and Chris Smithard

Things To Do

- Helix and the Kelpies
- Falkirk Wheel

Day 2 - Wednesday 29th December - The Trossachs

Parking:

- At [Loch Achray Hotel](#)
- 70 Vehicles are expected and we have space for 50-60 at the hotel, so if you arrive early please park in the laybys on the public road just to the south-east of the hotel (see [overview map](#)). Otherwise we may block have to people in.
- Please don't arrive before 9:30

Event Centre: Back of the hotel.

Toilets: None at parking. Public toilets in Callander/Aberfoyle on way through or at the Loch Katrine Pier (~1mile from parking) - [see the map](#). Please do not go within the vicinity of the hotel/houses where we're parking.

Terrain: Deciduous woodland, complex contours, rocks, large crags and a lot of contours!

Start: 600 metres from the back of hotel, flat (at least compared to where you're going in the course!)

Map: 1:7500, 5m contours. ISOM2017.

Courses

Long Technical - 4.3km + a lot of climb
Medium Technical - 3.4km + a lot of climb
Short Technical - 2.1km + a lot of climb
Orange - 1.6km
Yellow - 1.5km

NB Due to Storm Arwen damage we had to make late changes to the area used for yellow and orange and unfortunately the orange isn't as long / interesting as we'd have liked!

Planner: Chris Smithard

Safety

Big Crags - watch out!

The yellow and orange follow a very minor dead end road for a while and other courses cross in twice.

Things To Do

- [Loch Katrine](#)

Day 3 - Friday 31st December - South Achray

Parking: [Public car parks](#) in Aberfoyle

Toilets: Public toilets in the car park

Event Centre: Aberfoyle Memorial Hall. Go out of the car park back onto the main road, turn left and follow the road as it turns right up the hill. We'll be on the left after 200m.

Start: 100m further up the road from the event centre.

Terrain: Big variety. Deciduous, conifers and open areas. Mixture of runnability and visibility. Moraine, steep sections, flat areas.

Map: 1:7500, 5m contours. ISOM2017

Courses

Long Technical - 5.4km

Medium Technical - 4.5km

Short Technical - 2.5km

Orange - 2.2km

Yellow - 2.0km

Planner: Chris Smithard

Safety

Other users: walkers, dogs, bikes etc

Please only cross the river at bridges!

Things To Do

- [The pie shop](#)

Day 4 - Saturday 1st January 2022 - South Gyle

Event Centre: At [Corstorphine Dynamo FC](#), Gyle Park

Parking: At Event Centre, please park yourselves.

Toilets: At Parking

Map: 1:4000, 2.5m contours. ISSOM2007 - OLD Sprint Specification. Mapper: Graeme Ackland and Murray Strain.

Starts (finishes are adjacent)

Prologue: 600m. At South Gyle Train Station, unfortunately no trains are running on the day.

Chase: 700m

Chase

- The second race in Drumbrae will be an optional chasing start
- If you want to take part in the chase, you get your start time by adding your time from the first/prologue race to the base time of your course
- Base Times:
 - Short 13:00
 - Medium 13:10
 - Long 13:20
- So if you took 15 minutes on the Medium your start for the chase could be 13:25
- Last start is 13:50. Courses close at 14:20.
- The fastest cumulative time wins
- For those not wanting to run in the chase you can start 12:30-13:30

Courses (optimum distance)

Long Technical - Prologue 3.2km - Chase 3.9km

Medium Technical - Prologue 2.5km - Chase 2.7km

Short Technical - Prologue 1.9km - Chase 2.0km

Orange - Same course as short technical

Planner Notes:

Both areas are typical Scottish housing scheme with many alleyways and courtyards. There are many hundreds of residents who are not expecting you on New Year's Day - please be courteous and avoid any behaviour which might be perceived as covid-unsafe. You may encounter dogs, dog-owners and associated items.

Please make sure you are familiar with the forbidden-to-pass symbols: very dark green (thick vegetation), olive green (private lawns and gardens) thick walls & fences.

Prologue - South Gyle

There is no through traffic on any road, but you may encounter the slow-moving cars of people accessing their homes on the estate. So take care crossing the estate roads and be prepared to wait if necessary.

On long and medium courses, a fence close to control 203 has recently fallen down, and can easily - but not accidently - be climbed over. THIS IS FORBIDDEN. The fence in question is mapped uncrossable and highlighted by a solid purple line. Anyone crossing will be disqualified - there will be marshalls in the terrain.

Chase - Drumbrae

The one route choice on the long course crosses an urban dual carriageway at a roundabout - other choices use an underpass. Traffic is usually very light. Away from the junction the road is marked out of bounds because cars may be fast moving. Please respect this.

Planner: Graeme Ackland, assisted by Peter Hodgkinson

Safety

Please note that all courses cross minor roads.
U12s must be accompanied by an adult.

Things To Do

- Many options!